



# Lifeline

Pikes Peak Citizens for Life works to protect the innocent, helpless, vulnerable members of our human family - young and old, infirm and healthy, born and preborn.

Pikes Peak Citizens For Life

June 2023

## The Quiet Pain: Men After Abortion

The healing organization *Support After Abortion* (SAA) has gained national attention with their latest study: *Abortion's Long-Term Negative Impact on Men* presented by author and speaker Gregory Mayo.

Mayo, a men's healing strategist and consultant for SAA, personally suffered for decades after abortion losses at age 18 and 22. In sharing his story, Mayo explains that he had no say in either decision and was left to struggle with the pain in a world that fails to recognize that men are often deeply wounded by abortion – regardless of whether they supported or opposed the decision.

Among the key insights, the SAA study reveals: *“Over 70 percent of men said they experienced an adverse change in themselves after their abortion losses, while 82 percent said they did not know where to go for help over their abortion grief, according to the SAA study. More than half of men who experienced abortion loss sought help, while 32 percent did not seek help, but said they could have benefited from talking to someone.”*

Mayo is Chair of SAA's National Men's Task Force and author of *Almost Daddy: The Forgotten Story*, a fictitious novel about losing a child to abortion. *Almost Daddy* has an accompanying 12-Step recovery guide for healing after abortion. Novel and guide are also available in Spanish.

*“There is a really, really big need in this country to get men out of the darkness to get them talking about their abortion experience and then to help them find healing,” explained Mayo in a [Fox News interview](#). “Every single data point validates what I experienced. This affects millions of men and I want to help him.”*

According to the study, because abortion is portrayed as a “woman's choice,” men often feel they do not have a “right” to grieve. One man shared:

*“We went through an abortion last year and I find myself so angry now – at myself and my partner. When I try to speak to her about my feelings, she tells me I'm not allowed to have feelings about the abortion because it wasn't my body. I feel like I failed her and the relationship, and then I get even more angry because that pushes her away.”*

Nearly half of men (45%) said they did not have a voice or choice in the abortion decision, and almost three out of five men (57%) said it wasn't their decision - it was their partner's or someone else's. When asked about



*Almost Daddy: The Forgotten Story*; *Almost Daddy: A Men's Guide to Healing After Abortion*, and SAA's *Keys to Hope and Healing for Men* are resources available in English and in Spanish

obstacles to seeking help, 77% of men expressed the need for anonymity.

In order to provide easy access to confidential help, SAA has developed a free online program: *Keys to Hope and Healing* – which includes self-guided videos and downloadable workbooks for men and women in English and Spanish at <https://supportafterabortion.com/resources/keys-to-hope-and-healing/>.

SAA offers additional abortion recovery assistance at 844.289.HOPE (4673) or [help@SupportAfterAbortion.com](mailto:help@SupportAfterAbortion.com)

Reference: Support After Abortion, Gregory Mayo, [“Study: Abortion's Long-term Negative Impact on Men”](#) April 2023

## Facing PP's TRANS Agenda

By Julie Bailey, PPCFL Vice President

**Sidewalk Advocates for Life** have seen a dramatic increase in clients entering Planned Parenthood to pursue gender transition. When we realized we didn't have adequate materials to address this issue, we went to our national organization to get their help. As it turned out, they had just made available a new brochure that reaches out directly to those in this situation.

Using compassionate language including *'Real Help'*, *'Your Pain is Real'*, and *'You Deserve to be Sure'* and answering questions like *'Will I feel better?'*, *'Will I be safe?'*, and *'Will I be healthy?'* and concluding with the statement **'You deserve to be healthy, happy and whole'** this brochure will be a significant help to our advocates as they lovingly encounter those experiencing gender questions.



## PPCFL Officers and Directors

President	Matt Niedzielski
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	Trevor Malloy
	Julie Braza
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If you are interested in attending a board meeting, contact us via phone or email below.

### To schedule a PPCFL Presentation

Julie Bailey (719) 630-1999

### Join us as a volunteer!!

Staff our office; assist with computer work; become a PPCFL church or group contact; assist with educational programs; staff an educational booth; or assist in fundraising. Feel free to bring fresh ideas or "Chair" a project... the opportunities are endless.

### FREE Subscription: LifeLine Newsletter

To receive our electronic LifeLine subscribe [online](#). For a paper subscription, call or email:

Phone: 719-630-1999

Email: [contact@ppccitizensforlife.org](mailto:contact@ppccitizensforlife.org)

Website: [www.ppccitizensforlife.org](http://www.ppccitizensforlife.org)



### Support PPCFL

#### All-Volunteer / Tax Exempt Organization

PPCFL is an approved tax-exempt Public Charity under the IRS Code section 501(c)(3).

Donations are tax deductible.

Our EIN is 26-0770794.

#### Donate Online, or Send Your Gift to:

Pikes Peak Citizens For Life  
707 N. Nevada Ave, Suite R (Rear)  
Colorado Springs, CO 80903-5019

Name \_\_\_\_\_

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Is this a memorial? If so, for whom?

**PPCFL does NOT sell or release any reader or donor information.**



## The President's Corner

"Do we only value people you want?"

Our [latest ad campaign](#) posed this question to wake people to the dire consequences of the culture of death. What dire consequences? For one, the distortion that abortion brings to societal reasoning.

**The underlying abortion distortion is that the child in the womb isn't a child at all.** Medical science concludes a human life begins at fertilization, but reality cannot be accepted if we want the "choice" to eliminate the child. So interest groups obfuscate the matter, calling the baby "a blob of tissue" and saying it isn't a human "person" until birth – or perhaps weeks after birth. **Lying about the child's humanity allows a woman to eliminate a child she doesn't want.**

In any other context discrimination based on sex is considered unacceptable. Not concerning abortion, though, as the state legislature has defeated multiple bills aimed to end the practice of sex-selective abortion (e.g., [House Bill 13-1131](#)). **Sex discrimination is considered an acceptable reason for couples to eliminate a child they don't want.**

Torture isn't acceptable, *except* when it comes to abortion. The state legislature just defeated a bill ([HB23-1097](#)) that would have provided pain relief to children 20 weeks or more gestation since medical science has shown that these children feel pain when they are dismembered and/or poisoned. **Torture is tolerable when killing a child in an abortion so doctors can eliminate the children we don't want.**

Infanticide is considered barbaric, *except* when it comes to abortion. The state legislature has defeated multiple bills (e.g., [HB20-1068](#)) that would have protected babies that survived an abortion attempt. **The barbarity of infanticide is thus passable for abortion so our society can eliminate the children we don't want.**

Discriminating against the disabled is objectionable, *except* with abortion. A [couple in Florida](#), where abortion is now limited, were angry that they couldn't abort their child that, they had learned, had a fatal fetal abnormality. The distorted reasoning: it is better to murder the child before the child dies! **Discrimination against the vulnerable is acceptable if we are eliminating a person someone doesn't want.**

The perversity advances. Now they are passing laws to protect the act of killing over the needs of mothers who seek medical help to save their babies after taking abortion pills. Such was the case when the state legislature rejected a bill ([HB23-1150](#)) requiring abortion pill reversal be made known. Hence a woman who wants her baby after taking the abortion pill is not allowed to change her course and save her baby, [an outcome contrary to RHEA!](#) All to protect abortion! **Abandoning women and leaving them uneducated is necessary for a society that wants to safeguard the abortion she doesn't want.**

Let us end the abortion distortion by valuing human life both in the womb and after birth.

*Matt*

**Do we only value people you want?**

**LET'S VALUE EVERY LIFE.**

Pikes Peak Citizens for Life



## Equipping Youth to be Activists for LIFE

**Pikes Peak Citizens for Life** has received a generous donation from an avid supporter who has challenged us to **focus on encouraging the young people in our community to pursue pro-life activism.**

We hope to match this donation and put the total toward sponsoring Youth for the *Bishop's Respect Life Roundup* and *Life Network's Gala*. These are two excellent opportunities to draw passionate young people into the HEART of the local pro-life community where they can mingle elbow-to-elbow with our most active and engaged pro-life leaders.

Complementary tickets will be awarded to deserving students who might not otherwise be able to attend one of these uplifting events or participate with experienced pro-life advocates.

**Young people are the future of the Pro-Life Movement. We believe we owe it to them to equip them to defend life in their families and among their friends.**

If you know a young person who you would like to nominate, or if you would like to donate toward this cause specifically, please contact our VP, Julie Bailey, ([julie@baileypeople.com](mailto:julie@baileypeople.com)) or call/text 401-578-4471.



## Are YOU Prepared to be an Advocate for Life?

Defending life is not an easy task in our current culture – few of us instantly know what to say or how to react when confronted by opposing opinions, but we can learn proven techniques and grow into effective defenders of LIFE with programs such as Sidewalk Advocates for Life (SAFL). SAFL is an international pro-life organization with 233 locations.

**SAFL Vision:** *That peaceful, prayerful, loving, and law-abiding sidewalk outreach be established outside every abortion facility in the U.S. and beyond, during every hour of business, redirecting all to life-affirming alternatives, thereby ending abortion.*

**SAFL Mission:** *To train, equip, and support communities across the United States and the world in sidewalk advocacy: to be the hands and feet of Christ, offering loving, life-affirming alternatives to all present at abortion facilities, thereby eliminating demand and ending abortion.*

SAFL trains and equips local volunteers in **sidewalk advocacy** — that is crisis intervention for abortion-vulnerable women and men. Sidewalk advocacy is principally a **peaceful, prayerful, law-abiding approach** to pregnancy-help outreach outside abortion and abortion-referral facilities.

Sidewalk Advocates encourage pregnant women to choose life and empower them to turn away from abortion with life-affirming resources. Advocates reach out in love to bring about a conversion of heart from a culture of death to a culture of life, thereby ending abortion.

**Sidewalk Advocates for Life – Colorado Springs** is hosting *Basic Sidewalk Advocacy Training* over two evenings (July 6<sup>th</sup> & 11<sup>th</sup>, from 5:30 – 9pm, at the PPCFL office at 707R N Nevada.) Snacks, beverages, and a light dinner will be provided. There is no cost for the training, but donations to help support training and equipment are accepted gratefully. Checks may be made to PPCFL. For information, contact Julie at 401-578-4471.

## Memorial Gift

Received from  
Nancy Riley  
in memory of



Jim Riley

Our thanks & blessings



## YOU'RE INVITED To Be in the KNOW

Join other members of the Colorado Springs Pro-Life Community in staying up-to-date on pro-life activities in Colorado Springs, the Pikes Peak region, and the surrounding areas.

The *PPCFL LifeLine* is a fantastic resource for pro-life information and regularly scheduled events, but as a monthly newsletter, *LifeLine* cannot be immediately responsive when schedules change, unexpected events pop up, or we need to quickly spread time-sensitive information throughout the pro-life community.

Join the **Respect Life Flock Note** list to receive such information either via email or text message. Just text *COS – RL* to **84576** or email Julie Bailey at ([julie@baileypeople.com](mailto:julie@baileypeople.com)).

RETURN SERVICE REQUESTED

Newsletter by Email

To receive your newsletter by email, sign up at [www.ppcitizensforlife.org/our-how/newsletters/](http://www.ppcitizensforlife.org/our-how/newsletters/)

If you have received the paper newsletter in error, please call 719-630-1999 or email [contact@ppcitizensforlife.org](mailto:contact@ppcitizensforlife.org)

Coming Soon...

**June 3: Life Network Walk for Life** – a simple, yet powerful way to share your pro-life commitment with friends and family — and help families in Colorado Springs be brave, strong and fearless to choose abundant life! See all the details and register as a sponsored walker at <https://www.walkforlife.com/>

**June 9: Oh Church, Arise!** –Eric Metaxas, author of *Letter to the American Church*, will be speaking to Pastors and Leaders at an event hosted by *Culture of Life Colorado* at Grace Chapel Castle Rock with a book signing to follow. Space Limited. [info@cultureoflifeco.org](mailto:info@cultureoflifeco.org)

**June 18: Happy Father's Day!**

**June 24 – NOTE:** Celebrate Life Event in Denver CANCELLED.

**July 6 & July 11 Sidewalk Advocacy Training** –Grow in pro-life skills or learn more about sidewalk advocacy! The full SAFL training is presented over two evenings 5:30 to 9:00pm at the PPCFL office. For information or registration, contact Julie at 401-578-4471. (Read more about SAFL on page 3.)



**August 24: Bishop's Respect Life Round Up!**

The Diocese of Colorado Springs' welcomes pro-life advocates to the Flying W Ranch for a family-friendly event for all ages. The pro-life evening begins at 5:00pm with Fun Ranch Activities followed by the Dinner & Program at 6:30pm.

Tickets are \$75 for Adults; \$30 for 12 & under. Proceeds benefit the Respect Life Apostolate.



**Booths Educate Citizens for LIFE!**

PPCFL carries the pro-life message into our state and local community through educational booths that offer true-to-life preborn models, informative brochures, stickers and other free pro-life items.

Booths provide a true Witness for Life!

**Upcoming booth events include:**

- Walk for Life June 3
- El Paso County Fair July 15–22
- Respect Life Roundup Aug 24
- Colorado State Fair Aug 25–Sep 4

**New Volunteers Welcome!**

If you would like to volunteer for any of the booths listed above, please contact Janet Campbell at 719-660-0048 or [janetcampbell729@comcast.net](mailto:janetcampbell729@comcast.net)